

TEMPS GARDONS POUR 2023

Filles nées en	2013	2012	2011	2010	2009	2008	2007
Age	10	11	12	13	14	15	16
100 m Nage Libre	1.22.00	1.18.00	1.11.00	1.09.00	1.06.00	1.04.00	1.02.00
200 m Nage Libre	3.00.00	2.48.00	2.33.00	2.30.00	2.25.00	2.22.00	2.19.00
400 m Nage Libre	6.30.00	5.55.00	5.20.00	5.15.00	5.05.00	5.00.00	4.58.00
800 m Nage Libre		12.25.00	11.15.00	11.05.00	10.45.00	10.30.00	10.20.00
1500 m Nage Libre			22.10.00	21.50.00	21.10.00	19.41.00	19.23.00
100 m Brasse	1.40.00	1.35.00	1.32.00	1.27.00	1.25.00	1.23.00	1.21.00
200 m Brasse	3.40.00	3.30.00	3.18.00	3.12.00	3.08.00	3.02.00	2.58.00
100 m Dos	1.35.00	1.30.00	1.24.00	1.20.00	1.18.00	1.15.00	1.13.00
200 m Dos	3.32.00	3.10.00	2.58.00	2.50.00	2.46.00	2.40.00	2.36.00
100 m Papillon	1.35.00	1.30.00	1.26.00	1.20.00	1.18.00	1.15.00	1.12.00
200 m Papillon		3.30.00	3.15.00	2.58.00	2.49.00	2.44.00	2.36.00
100 m 4 Nages	1.35.00	1.28.00	1.26.00	1.22.00	1.19.00	1.16.00	1.13.00
200 m 4 Nages	3.30.00	3.08.00	2.55.00	2.45.00	2.40.00	2.38.00	2.37.00
400 m 4 Nages		6.40.00	6.30.00	6.15.00	5.55.00	5.50.00	5.40.00

Garçons nés en	2013	2012	2011	2010	2009	2008	2007
Age	10	11	12	13	14	15	16
100 m Nage Libre	1.22.00	1.16.00	1.10.00	1.05.00	1.03.00	1.00.00	0.59.00
200 m Nage Libre	3.00.00	2.45.00	2.30.00	2.25.00	2.20.00	2.15.00	2.10.00
400 m Nage Libre	6.30.00	5.50.00	5.15.00	5.00.00	4.52.00	4.40.00	4.35.00
800 m Nage Libre		12.15.00	11.05.00	10.30.00	10.15.00	9.45.00	9.38.00
1500 m Nage Libre			21.50.00	20.40.00	20.20.00	18.15.00	18.05.00
100 m Brasse	1.40.00	1.35.00	1.30.00	1.24.00	1.22.00	1.18.00	1.15.00
200 m Brasse	3.40.00	3.30.00	3.15.00	3.02.00	2.58.00	2.50.00	2.45.00
100 m Dos	1.35.00	1.25.00	1.23.00	1.18.00	1.13.00	1.08.00	1.05.00
200 m Dos	3.32.00	3.00.00	2.56.00	2.46.00	2.36.00	2.26.00	2.22.00
100 m Papillon	1.35.00	1.30.00	1.24.00	1.16.00	1.13.00	1.08.00	1.05.00
200 m Papillon		3.20.00	3.10.00	2.50.00	2.38.00	2.28.00	2.22.00
100 m 4 Nages	1.35.00	1.26.00	1.24.00	1.20.00	1.15.00	1.11.00	1.08.00
200 m 4 Nages	3.30.00	3.03.00	2.55.00	2.43.00	2.37.00	2.30.00	2.24.00
400 m 4 Nages		6.30.00	6.20.00	6.00.00	5.45.00	5.26.00	5.15.00